

# FREQUENTLY ASKED QUESTIONS ABOUT APTIOM

To learn more about APTIOM, find answers to frequently asked questions, below.

## ABOUT APTIOM

### Q: What is APTIOM?

Aptiom® (eslicarbazepine acetate) is a prescription medicine to treat partial-onset seizures in patients 4 years of age and older. It is not known if APTIOM is safe and effective in children under 4 years of age.

**Partial-onset seizures are also known as focal seizures.**

### Q: What are the ingredients in APTIOM?

The active ingredient is eslicarbazepine acetate. Inactive ingredients are croscarmellose sodium, magnesium stearate, and povidone.

### Q: How may APTIOM help with my focal seizures?

APTIOM has been shown to reduce the frequency of focal seizures. While the precise way that APTIOM works is not known, it is thought to help disrupt abnormal electrical activity in the brain that causes focal seizures.

## TAKING APTIOM

### Q: How should I take APTIOM?

- Take APTIOM exactly as your healthcare provider tells you to take it
- Do not stop taking APTIOM without talking to your healthcare provider. Stopping APTIOM suddenly can cause serious problems, including seizures that will not stop (status epilepticus)
- Your healthcare provider may change your dose
- Your healthcare provider will tell you how much APTIOM to take
- APTIOM can be taken with or without food
- APTIOM can be taken as a whole tablet or crushed
- If you take too much APTIOM, call your healthcare provider or go to the nearest hospital emergency room right away
- Talk with your healthcare provider about what you should do if you miss a dose

### Q: Can I cut the tablets in half?

All strengths of APTIOM can be split with the exception of the 400 mg tablets, if directed to do so by your healthcare provider. Make sure to take APTIOM exactly as prescribed by your healthcare provider.

### Q: How long will it take me to reach my maintenance dose?

Your healthcare provider will let you know the amount of APTIOM you should be taking daily. He or she may make small increases to the dose of your medicine based on your response to it. These increases may continue until you reach your maintenance dose, or the regular amount you will take daily. Always be sure to follow your healthcare provider's instructions.

### Q: Can I take APTIOM with my current medications?

APTIOM may be taken alone or as an add-on therapy. As an add-on therapy, it can be taken with most other anti-seizure medications used to treat focal seizures but do not combine your medications without talking to your healthcare provider first. Tell your healthcare provider about all the medicines you take so he or she can determine the right medication plan for you. For more information, see "What should I tell my healthcare provider before taking APTIOM?" on page 3.

For more information about APTIOM, [click here](#) to see the APTIOM Medication Guide.

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## TAKING APTIOM (CONT'D)

### Q: Where should I store my APTIOM prescription?

You should store APTIOM at 68°F to 77°F (20°C to 25°C). As with any medication, be sure to safely dispose of medicine that is out of date or no longer needed, and keep it out of reach of children.

### Q: Can I drive when taking APTIOM?

If you are able to drive, you should wait until you know how APTIOM may affect you before doing so. You should not operate heavy machinery or do any dangerous activities. APTIOM may slow your thinking and motor skills, so take precaution when starting this medication and always discuss driving with your healthcare provider. When it comes to driving, every state has different laws and regulations. To find out your state's driving regulations, [click here](#).

### Q: Can I participate in sports when taking APTIOM?

Talk with your healthcare provider to find out which activities are safe for you.

## APTIOM SAFETY INFORMATION

### Q: What is the most important information I should know about APTIOM?

- **Do not stop taking APTIOM without first talking to your healthcare provider**
  - Stopping APTIOM suddenly can cause serious problems. Stopping a seizure medicine suddenly in a patient who has epilepsy may cause seizures that will not stop (status epilepticus)
- 1. **Like other antiepileptic drugs, APTIOM may cause suicidal thoughts or actions in a very small number of people, about 1 in 500.**

Call a healthcare provider right away if you have any of these symptoms, especially if they are new, worse, or worry you:

- thoughts about suicide or dying
- new or worse depression
- feeling agitated or restless
- trouble sleeping (insomnia)
- acting aggressive, being angry, or violent
- an extreme increase in activity and talking (mania)
- attempt to commit suicide
- new or worse anxiety
- panic attacks
- new or worse irritability
- acting on dangerous impulses
- other unusual changes in behavior or mood

#### How can I watch for early symptoms of suicidal thoughts and actions?

- Pay attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings
- Keep all follow-up visits with your healthcare provider as scheduled
- Call your healthcare provider between visits as needed, especially if you are worried about symptoms. Suicidal thoughts or actions may be caused by things other than medicines. If you have suicidal thoughts or actions, your healthcare provider may check for other causes

- 2. **APTIOM may cause allergic reactions or serious problems which may affect organs and other parts of your body like the liver or blood cells. You may or may not have a rash with these types of reactions.**

Call your healthcare provider right away if you have any of the following:

- swelling of your face, eyes, lips, or tongue
- a skin rash
- fever, swollen glands, or sore throat that do not go away or come and go
- yellowing of your skin or eyes
- severe fatigue or weakness
- frequent infections or infections that do not go away
- trouble swallowing or breathing
- hives
- painful sores in the mouth or around your eyes
- unusual bruising or bleeding
- severe muscle pain

*(Continued on next page.)*

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## APTIOM SAFETY INFORMATION (CONT'D)

### Q: What is the most important information I should know about APTIOM? (cont'd)

- APTIOM may cause the level of sodium in your blood to be low. Symptoms of low blood sodium include:
  - nausea
  - irritability
  - muscle weakness or muscle spasms
  - tiredness, lack of energy
  - confusion
  - more frequent or more severe seizures

Some medicines can also cause low sodium in your blood. Be sure to tell your healthcare provider about all the other medicines that you are taking.

### Q: Who should not take APTIOM?

Do not take APTIOM if you are allergic to eslicarbazepine acetate, any of the other ingredients in APTIOM, or oxcarbazepine. See the end of the [Medication Guide](#) for a complete list of ingredients in APTIOM.

### Q: What should I tell my healthcare provider before taking APTIOM?

**Before taking APTIOM, tell your healthcare provider about all your medical conditions, including if you:**

- have or have had suicidal thoughts or actions, depression or mood problems
- have liver, kidney, or blood problems
- are allergic to oxcarbazepine. Some people who are allergic to oxcarbazepine may also be allergic to APTIOM
- use birth control medicine. APTIOM may cause your birth control medicine to be less effective. Talk to your healthcare provider about the best birth control method to use
- are pregnant or plan to become pregnant. APTIOM may harm your unborn baby. Tell your healthcare provider right away if you become pregnant while taking APTIOM. You and your healthcare provider will decide if you should take APTIOM while you are pregnant.
  - If you become pregnant while taking APTIOM, talk to your healthcare provider about registering with the North American Antiepileptic Drug (NAAED) Pregnancy Registry. The purpose of this registry is to collect information about the safety of antiepileptic medicine during pregnancy. You can enroll in this registry by calling 1-888-233-2334
- are breastfeeding or plan to breastfeed. APTIOM passes into breast milk. You and your healthcare provider should discuss whether you should take APTIOM or breastfeed

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Taking APTIOM with certain other medicines may cause side effects or affect how well they work. Do not start or stop other medicines without talking to your healthcare provider.

Especially tell your healthcare provider if you take:

- oxcarbazepine
- phenobarbital
- carbamazepine
- phenytoin
- simvastatin
- birth control medicine
- omeprazole
- rosuvastatin
- clobazam
- primidone

Ask your healthcare provider or pharmacist for a list of these medicines, if you are not sure.

Know the medicines you take. Keep a list of them and show it to your healthcare provider and pharmacist when you get a new medicine.

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 **ONCE DAILY**  
**Aptiom**<sup>®</sup>  
(eslicarbazepine acetate) tablets  
200 mg • 400 mg • 600 mg • 800 mg

## APTIOM SAFETY INFORMATION (CONT'D)

### Q: What are the possible side effects of APTIOM?

See "What is the most important information I should know about APTIOM?" APTIOM may cause other serious side effects including:

- **Nervous system problems.** APTIOM may cause problems that can affect your nervous system. Symptoms of nervous system problems include:
  - dizziness
  - trouble concentrating
  - trouble walking or with coordination
  - vision problems
  - feeling sleepy and tired
- **Liver problems.** APTIOM may affect your liver. Symptoms of liver problems include:
  - yellowing of your skin or the whites of your eyes
  - stomach pain
  - nausea or vomiting
  - dark urine
  - loss of appetite

**Get medical help right away if you have any of the symptoms listed above or listed in "What is the most important information I should know about APTIOM?" The most common side effects of APTIOM include:**

- dizziness
- vomiting
- sleepiness
- feeling tired
- nausea
- blurred vision
- headache
- shakiness
- double vision
- problems with coordination

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of APTIOM. For more information, ask your healthcare provider or pharmacist. Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

## sunovion answers

Navigating today's healthcare environment may feel overwhelming but you don't have to do it alone. Sunovion Answers is here to provide personal support to guide you through your journey.



**Product Information**



**Benefits Investigation**



**Co-pay Savings**



**Additional Resources**

Call Sunovion Answers from 8 AM to 8 PM ET, Monday through Friday, to speak to an APTIOM support specialist

**1.844.4APTIOM (1.844.427.8466)**

### APTIOM SAVINGS OPTIONS



If you're looking for ways to save on APTIOM, see if you qualify for the APTIOM Savings Card, High-Deductible Discount Card, and/or 14-Day Trial Voucher.\*


\*Eligibility requirements and restrictions apply. See [Terms and Conditions](#) for details.

[CLICK HERE TO SIGN UP FOR SAVINGS AND SUPPORT](#)

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